The need for a responsive and robust EAP has never been more critical.

Numerous surveys in recent years show that employee mental health continues to be a significant challenge in the workplace. From high levels of workplace stress to record low levels of engagement, employees are struggling – and they are increasingly looking to their employers for help. At ESI EAP, our focus is on providing the most comprehensive benefits to make the largest possible impact on improving employee lives, addressing mental health and work-life issues, reducing lost productivity, and increasing engagement. We do this by offering an extensive menu of benefits and delivering three times the utilization of traditional EAPs.

Counseling with a Difference

- **24/7** in-the-moment telephonic counseling with unparalleled support & care
- **Not just another call in the queue** – every interaction is personal, professional, & impactful
- **ESI clinicians at the forefront** prioritizing human connection and personal interaction over automated systems
- **Multiple options** to best fit your counseling and lifestyle needs – text, voice, video messaging, telehealth, and local in-person counseling

ESI EAP Results:

- With triple the utilization rate of traditional EAPs, **more employees get help.**
- **98%** employee member satisfaction rate.
- **96%** client/employer renewal rate.
- 5-star rating by our Clients in the **SHRM Vendor Directory!**

ESI EMPLOYEE ASSISTANCE GROUP

TotalCare EAP
Public Safety EAP
Educators' EAP
Higher Ed EAP
HealthCare EAP
Union AP

800-535-4841 | www.theEAP.com

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Full suite of services for HR and your managers

HR Consultation
Direct access to counselors and Certified Professionals in Human Resources for complex employee issues.

Administrative Referral Program
Formal process to address employee policy violations and unacceptable job performance.

Trauma Response Service
Virtual, on-site, and telephonic interventions by senior counselors.

Drug-Free Workplace and DOT Compliance Programs
Online training and support for compliance with DOT drug-free workplace rules for "safety-sensitive" employees.

Supervisor Resource Center
Key HR topics, such as recruiting, hiring, interviewing and employee engagement. Forms, policies, articles and tools for management best practices.

Management Training
Thousands of online courses on regulatory compliance, supervisory skills, team leadership, and more.

HR Web Café
Workplace blog about employment issues, people matters, HR news, and work trends.

To learn more about the productivity benefits your organization can realize with an ESI EAP, give us a call at **800-535-4841, or visit www.theEAP.com.**

More employee benefits

EAP Counseling
In-the-moment counseling support for mental and behavioral health issues and follow-up counseling options that include text, voice, and video messaging, telehealth, and local in-person counseling • Alcohol and substance misuse • Loss and grief • Family relationship issues • Separation or divorce • Stress management • Many other problems and issues

Peak Performance Coaching
Certified Financial coaching • Succeeding as a Supervisor • Balancing Work-Life • Resilience • Effective Communication • Relaxation for Beginners • Workplace Conflict • Student Debt • Home Purchase • More

Work/Life Assistance
Child and elder care locators and tools • Legal problems • Family law • Debt • Financial planning • Education and tuition planning • Tenant/ landlord concerns

Self-Help Resources
Talkspace Go self-guided mental health app and thousands of online resources, such as: Wills and legal templates • Home ownership and mortgages • Cancer, diabetes, and medical issues • Taxes and the IRS • Consumer rights and resources

Wellness Benefits
One-to-One Wellness Coaching from coaches for: nutrition • weight loss • fitness • reducing stress • quitting tobacco. Also, online Wellness Center with: Assessments • Articles • Videos • More

Member Discounts
Discounts for Health & Wellness • Auto • Electronics • Apparel • Restaurants • **and** More!

Adoption and Children with Disabilities
Important family and child care programs

Training and Personal Development
An extensive library of online trainings for employees at all levels of the organization: Compliance • Personal development • Customer service • Working remotely • Leadership • More

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