



Financial Benefit from your EAP

ESI provides resources to assist Members with personal financial concerns:

- ✓ One-to-One Certified Financial Coaching
- ✓ Finance & Investing Courses
- ✓ Budgeting
- ✓ Debt Counseling/Restructuring
- ✓ Retirement Planning
- ✓ College Funding
- ✓ College Loan Repayment
- ✓ Mortgages and Home Ownership
- ✓ Tools for Tough Times
- ✓ Lifestyle Benefits & Discounts
- ✓ Many Other Additional Topics!



Scan the QR Code to explore your EAP benefits!

800-252-4555  www.theEAP.com



To access a Coach or a Counselor, simply call 800-252-4555.

To access trainings, articles, calculators & tools, log in to Self-Help Resources:

- 1 Click 'Member Login' at www.theEAP.com.
- 2 If you've already created an account, log in. If it's your first time, click REGISTER to create your User Name and Password. **You only need to register once.**
- 3 Find specific resources:
 - **Coaching:** Click on "Personal & Professional Coaching" tab at top of page.
 - **Financial resources:** Click on "Personal Finance & Education Center" and "Lifestyle Benefits" tiles.
 - **Tools for Tough Times:** Click on "Resource Centers" tile.
 - **Financial training:** Click "Training Center" tile.