

EAP Benefits to Help Improve Your Personal Finances

The pandemic has created the worst economy in our lifetime. Many of us are stressed out over money matters. Whether it's the weekly budget, accumulating bills, home buying or resolving student debt, we're almost all facing some sort of financial pressure.

That's why we've added so many new EAP benefits to help you and your family resolve financial problems.



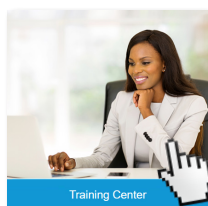
PERSONAL FINANCIAL COACHING

Your EAP benefit now includes one-on-one Personal Financial Coaching. Engage with a certified Personal Finance coach to help with student debt, home purchasing, saving and spending, retirement planning and creating a budget. Call 800-252-4555 to connect with a Coach.



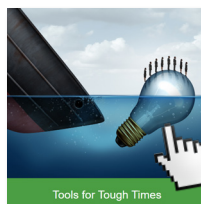
PERSONAL FINANCE TRAINING

As an EAP Member, access more than 200 Personal Finance Trainings. Just logon to **www.theEAP.com** and click on the **'Personal Finance and Education'** tile.



VIDEO TRAINING LIBRARY

Explore the Video Training Library for personal finance video trainings. Click on the **'Training Center'** tile to find video trainings on everything from reducing your debt to building financial goals.



TOOLS FOR TOUGH TIMES

Tools for Tough Times is an online benefit with money-saving ideas, articles, and resources to solve problems, reduce your costs, and do more with less. Click on the **'Tools for Tough Times'** tile.



FINANCIAL CALCULATORS

Find more than a hundred online calculators to help with budgeting and saving. If you are planning on a new car, thinking about buying a home, or trying to build a savings plan, you'll find the calculators you need to make the best decisions. Click on the **'Calculators'** tile.



LIFESTYLE SAVINGS BENEFIT

Explore the new Lifestyle Savings benefit to find over 8,000 discount and cash-back savings offers on everything from popular brand name food and clothing to home electronics and furnishings. Click on the **'Lifestyle Savings Benefit'** tile on the landing page.

Be sure to take advantage of all the personal finance benefits your EAP offers. All of us at your EAP want to help you build a better, more secure future.



TotalCare EAP
Public Safety EAP
Educators' EAP
Higher Ed EAP
HealthCare EAP
Union AP

www.theEAP.com | 800-252-4555

Scan to
Explore
Your EAP
Benefits!



©2022 ESI Employee Assistance Group