



The Parenting Resource Center

Parenting - the business of raising children from infancy to adulthood – is one of life’s single most important responsibilities but it isn’t taught in school. Children don’t come with an owner’s manual, yet childrearing is a highly complex undertaking. It entails providing a warm and nurturing framework for promoting and supporting your child’s physical, emotional, social, and intellectual health, well-being and development.

The Parenting Resource Center is an EAP information benefit designed to help you access the best online resources on a dozen parenting topics. Whether it is following your baby’s development week-by-week during your pregnancy, child-proofing your home, raising kids with your ex, or finding the right school, you can have resources at your fingertips 24 hours a day, 7 days a week.



Here Are Some of The Issues That Are Covered:

- Prenatal and Birth
- Infancy
- Parenting and Early Childhood Development
- Kids Health & Safety
- Work-life Parenting Issues
- Problems and Special Needs
- Kids Nutrition & Diet
- Just for Dads
- Childcare & Schooling
- Teen Years
- Financial Resources
- Safe Online Sites for Kids

Accessing These Resources

- 1** To access these resources, simply click **‘Member Login’** at www.theEAP.com.
- 2** If you’ve already created an account, log in. If it’s your first time, click **REGISTER** to create your User Name and Password. **You only need to register once.**
- 3** Locate **‘Parenting’** under the **‘Featured Learning Centers’** section.

800-252-4555

www.theEAP.com



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